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with Utah's Deaf and Hard of Hearing

News, classes and events • March 2017



Division of Services for the Deaf and Hard of Hearing (DSDHH)

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ROBERT G SANDERSON COMMUNITY CENTER OF THE DEAF AND HARD OF HEARING • 5709 S. 1500 W. • TAYLORSVILLE, UT 84123-5217

This information, presentation, class or other activity is provided at the Sanderson Community
Center for interested individuals. The Sanderson Community Center staff encourages participants and
individuals to consider all options and experiences and does not endorse nor recommend this specific
information, presentation, activity or any individual class, product or service.

DSDHH is an agency of Utah State Office of Rehabilitation and the Department and Workforce Services







Equal Opportunity Employer • The Division of Services for the Deaf and Hard of Hearing (DSDHH) is committed to providing access and reasonable accommodations in accordance with the Americans with Disabilities Act (ADA) in its services, programs, activities, education and employment for individuals with disabilities. For more information and to request accommodations, contact: 1-801-657-5200.



# **Going Green!**

By Joene Nicolaisen

We are excited to announce that we are now offering our newsletter online! To save trees and costs, we will no longer print the newsletter (except for special circumstances.) This decision saves thousands of dollars each year in printing costs — money that will now go into improving DSDHH programs and services. You can conveniently view our newsletters anytime on our website, Facebook, or have the newsletters emailed to you by joining our email blast.

**Website:** usor.utah.gov/dhh/newsletters

Facebook: Sanderson Community Center to the Deaf and Hard of Hearing

#### Subscribe to our email blast:

Contact Jenefer Reudter at jreudter@utah.gov

If you do not have access to a computer and must have a printed copy, please email Edie McCormick at emccormick@utah.gov

We hope you enjoy the new newsletter!

# **Director's Discussion**

By Marilyn Call

# Walk in My Shoes — 27 inspiring stories edited by Charlotte J. DeWitt

since I have lost much of my hearing I have a much greater fear of losing my sight as well. I know I'm not alone with this fear so I was humbled and profoundly moved when I read the book *Walk in My Shoes*.

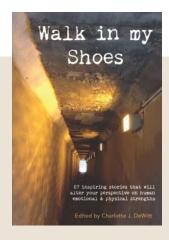
This book is a collection of stories written by individuals who are deafblind due to Usher Syndrome, and also mothers who have children with Usher syndrome. This book helped me understand the different types of Usher Syndrome. However, what kept me awake reading all night was the honesty and courage of the writers as they shared their scary journey into Deaf Blindness.

For example: Stephen Ehrlich (Utah) was born deaf. His foster parents noticed vision problems and took him to eye doctors every year who failed to diagnose Ushers. One doctor wrote R.P. in his notes but did not share the diagnosis with Stephen and his parents. Stephen had to experience years of frustration and discrimination attending an oral school when he only had tunnel vision. Can you imagine? He reports kids and teachers punishing him during P.E. He couldn't see anything peripherally so playing softball as an outfielder was dangerous. Stephen did not have the opportunity to experience an appropriate school setting until he was an adult, and enrolled at the Helen Keller National Center for Deaf/Blind.

Reading the book, I found out how he stumbled upon tactile ASL. I have always admired Stephen, but reading about his journey has made me deeply respectful of his ability to survive and enjoy life, despite total deafness and blindness.

Ramona Rice (Utah) explains how her fear took over when she first learned she had Ushers Syndrome. This fear contributed to many losses in her life. She lost her career in banking, her husband and her self-respect. She describes feeling like she had fallen into a black hole. Those of us who know her now see a beautiful, successful advocate. Read the journey she went through to become who she is today.

If you want to find a new appreciation for how resilient people can be, I suggest reading this book. Profits from the sale of this book are donated to the Usher Syndrome Coalition.



- Purchase Paperback: https://www.createspace.com/6758150
- Purchase Ebook at: http://amzn. to/2htUtQL
- Contact information: Email Ramona Rice at rricetx@gmail. com or call 801-430-8833.
- For more information:
- Usher Syndrome Coalition
- http://bit.ly/ushwalkinmyshoes
- https://www.usher-syndrome.org/
- Twitter: @BKWalkinmyShoes
- Facebook: www.facebook.com/ Ushersyndrome123

"Do not go gentle into that good night. Rage, rage against the dying of the light."

—Dylan Thomas

# Salt Lake, Central and Northern Utah Classes and Events

Sanderson Center for the Deaf and Hard of Hearing 5709 South 1500 West, Taylorsville 801-263-4860 (voice) 801-657-5200 (VP) usor.utah.gov/dhh

# **Community Education Classes**

All classes are held at the Sanderson Center unless otherwise noted. If additional accommodations are needed, please inform us during registration.

# American Sign Language (ASL) Social Time

Wednesdays, March 15, April 19 and May 17, 2017 6:30 p.m. – 8:00 p.m.

This social event is open to anyone who wishes to practice American Sign Language, learn more about Deaf culture and how to converse using ASL in everyday conversations, games, and ABC stories. For more information, contact Patricia Lowry at plowry@utah.gov. This class will be in ASL.

**\$** Free

□ □ No need to register



# **Community Events**

All classes are held at the Sanderson Center unless otherwise noted. If additional accommodations are needed, please inform us during registration.

# COOKING, ARTS AND CRAFTS

# **Sewing Potpourri**

Saturday, March 4, 2017 9:00 a.m. – 4:00 p.m.

Learn how to make a rice-filled heating pad or bring a project that isn't finished. An instructor will be available to help finish your project. Bring your own sewing machine and supplies. We'll let you know what supplies to bring after you register. If you need a sewing machine, please request it during registration. This class will be in ASL.

## **\$** Free

Only 15 spots open. Priority is given to deaf and hard of hearing individuals. Registration required at <u>usor.utah.gov/dhh/registration</u>

# Crockpot Cooking (Ages 18 and up)

Wednesday, March 8, 2017 6:00 p.m. – 9:00 p.m.

Join Kristi Lee Mortensen, an expert in "crockpot" or slow method cooking, as she teaches tips and tricks for successful crockpot cooking. This class is great for busy people or for anyone who wants to learn more ways to cook delicious and healthy meals. This 3-hour class includes lively hands-on cooking instructions with tips and secrets of successful slow cooking, plus recipes to take home. For more information, contact Mary Beth Baierl at mbaierl@utah.gov. This class will be in ASL.

# **\$** Free

Only 15 spots open. Priority is given to deaf and hard of hearing adults. Hearing will be welcomed if space is available. Register at <u>usor.utah.gov/dhh/registration</u>

# Paint Nite (Ages 18 and up)

Tuesdays, January 17 – March 7, 2017 6:00 p.m. – 8:00 p.m.

This class will be taught by master artist, Stephanie Belshe, who will provide step-by-step instructions for creating your own masterpiece while socializing and enjoying the creative process. For more information, contact Mary Beth Baierl at mbaierl@utah.gov.paced class and is tailored for people who have a hearing loss or late deafened. This is also an appropriate class for family members, coworkers and friends of those who are hard of hearing. Games and homework will be included This class will be taught in ASL.

# **\$** Free

Only 20 spots open. Priority is given to deaf and hard of hearing adults. Please register by March 21 at <u>usor.utah.gov/dhh/registration</u>

# **WORKSHOPS**

# Fraud & Scam Prevention (Community)

Wednesday, March 8, 2017 6:00 p.m. – 7:00 p.m.

Ao Pauga from the Utah Division of Consumer Protection will present on "Fraud & Scam Prevention" to teach about what can be done to avoid fraud and scams. Different types of scams will be discusses such as telemarketing, home and car repairs, tech, grandparents and more. A presentation for senior citizens will also be held the same day at 2-3 p.m. For more information, contact Mary Beth Baierl at mbaierl@utah.gov. This presentation will be in spoken English with ASL interpreters and CART provided.

#### \$ Free

Register by March 7 at <u>usor.utah.gov/dhh/registration</u>

# Deaf Studies Talk: Ben Jarashow

Thursday, March 16, 2017 7:00 p.m. – 9:00 p.m.



Ben Jarashow will present on "Genetics and the Deaf Community" on March 16. Eugenics did not die out, as many would believe, instead it evolved into the field of scientific and medical research: Genetics. This workshop will take you through the more recent history of genetics research and how it has impacted the modern Deaf community, as we know. For more information, contact Mary Beth Baierl at mbaierl@utah.gov. This workshop will be in ASL.

Note: UTRID is an approved RID CMP sponsor for Continuing Education Activities. This professional studies program is offered for 0.2 RID CEUs & 2.0 Utah CEHS.

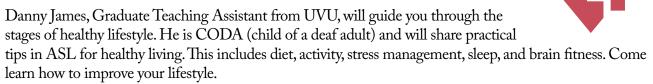
#### **\$** Free

Only 100 spots open. Register by March 14 at usor.utah.gov/dhh/registration

## CIRCLE OF FRIENDS

# Healthy Living Workshops (for Circle of Friends)

Saturday, March 18, 2017 10:30 a.m. – 11:30 a.m.



Circle of Friends is a recreational and social program developed for adults with multiple disabilities and some degree of hearing loss. Support activities are designed to create friendships, prevent isolation, and promote independence to enhance the quality of life. This workshop will be in ASL.

#### **S** Free

□ □ Please register by March 15 with Rosa Maria at rosavball@gmail.com or 801-590-4888(vp)

#### **FAMILY ACTIVITIES**

# Surprise Spring Egg Hunt

Saturday, April 8, 2017 9;00 a.m. – 12:00 p.m.

Bring your family for the Surprise Egg Hunt that begins at 10 a.m. There will be many prizes and activities with refreshments provided. The egg hunt will be for children ages 1-12. For questions, contact Mary Beth Baierl at mbaierl@utah.gov. The event will be in ASL with voice interpreters.



□ □ Please register by April 6 at <u>usor.utah.gov/dhh/registration</u>



The 55+ Senior Program is designed to reduce isolation and promote independence to enhance the quality of life for deaf and hard of hearing individuals.

# **Utah State Capitol Tour**

Friday, March 3, 2017 10:00 a.m. – 3:30 p.m.

The Utah State Capitol has been an important landmark and home to our government since 1916. From 2004 to 2008, the Capitol was restored and made to be earthquake resistant. Many beautiful paintings and artifacts were also preserved. The guided tour will take us through the Capitol and point out many interesting historical facts. DSDHH Director Marilyn Call will also join the tour and explain how the legislative process works. This is an opportunity to see your Representatives and Senators in action. The tour will be presented in spoken English by the Capitol Tour Guide. ASL interpreters will be provided.

#### **Schedule:**

10:00 a.m. Meet at the Sanderson Center if you need a ride.

10:30 a.m. Depart the Sanderson Center.

11:00 a.m. Eat lunch at the Capitol cafeteria (bring money)

1:00 – 2:30 p.m. Depart from the Capitol to arrive at the Sanderson Center by 3:30 p.m.

**\$** Free (you are responsible for your own lunch)

☐ Please register by Feb. 22. Registration is required at <u>usor.utah.gov/dhh/registration</u>



# Fraud & Scam Prevention (Senior Citizens Only)

Wednesday, March 8, 2017 2:00 p.m. – 3:00 p.m.

Ao Pauga from the Utah Division of Consumer Protection will present on "Fraud & Scam Prevention" to teach about what can be done to avoid fraud and scams. Different types of scams will be discusses such as telemarketing, home and car repairs, tech, grandparents and more. A presentation open for the public will also be held the same day at 6-7 p.m. For more information, contact Mary Beth Baierl at mbaierl@utah.gov. This presentation will be in spoken English with ASL interpreters and CART provided.

**\$** Free

□□ Register by March 7 at usor.utah.gov/dhh/registration

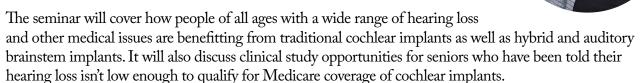
# **Hard of Hearing Program**

All classes are held at the Sanderson Center unless otherwise noted. If additional accommodations are needed, please inform us during registration.

# Cochlear Implants 2017: Advances in Technology, Candidacy and Outcomes

Hearing Loss Association of America – Salt Lake City Chapter Wednesday, March 29, 2017 7:00 p.m. – 9:00 p.m.

The Hearing Loss Association of America Salt Lake City Chapter (HLAA-SLC) is hosting a free educational seminar, "Cochlear Implants 2017: Advances in Technology, Candidacy and Outcomes." The seminar will discuss how cochlear implant candidacy and outcomes have improved due to advanced technology and better surgical follow-up care.







Keynote speakers will include Donna Sorkin MA, executive director of the American Cochlear Implant Alliance and Collin Driscoll MD, Professor and Chair of Otolaryngology at the Mayo Clinic. Dr. Driscoll has published extensive research on implantable hearing devices and runs a surgical practice, which covers all aspects of otologic and lateral skull base surgery. Director Sorkin focuses her efforts on improving access to cochlear implants for individuals of all ages while serving

as the second executive director of the Hearing Loss Association of America. For more information, contact Robin Traveller at 801-657-5752 or rtraveller@utah.gov. The presentation will be in spoken English. Real-time captioning and assistive listening system accommodations will be available at the event.

\$ Free

□ □ To register, email hearinglossUtah@gmail.com

# Beginning Conceptually Accurate Signed English (CASE)

Tuesdays, April 4 – May 23, 2017 6:00 p.m. – 8:00 p.m.

Beginning CASE (Conceptually Accurate Signed English) will teach signing basic fingerspelling alphabets, numbers and 1,000 basic everyday conversational English word order sentences. This is a slow paced class and is tailored for people who have a hearing loss or late deafened. This is also an appropriate class for family members, coworkers and friends of those who are hard of hearing. Games and homework will be included. The book *1,000 Signs of Life* is required on first day of class. This class will be taught in spoken English and basic CASE.

\$ Free

Required at <u>usor.utah.gov/dhh/registration</u> or call 801-657-5200



# Salt Lake, Central and Northern Utah



# **March 2017 Calendar**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Knitting Class Senior Citizens	ASL Class	3 Utah Capitol Tour (Seniors 55+) VITA	4 Sewing Potpourri
5	6	ASL Class CASE Class	Crockpot Cooking Fraud & Scam Prevention Senior Citizens Legal Clinic	9 ASL Class	VITA	11
12	13	14 ASL Class CASE Class	ASL Social Time Senior Citizens Advisory Council	16 Deaf Studies Talk: Ben Jarashow ASL Class VITA	17 VITA	Healthy Living Workshop (Circle of Friends)
19	20	21 ASL Class CASE Class	22 Senior Citizens	23 ASL Class	24 Paint Nite VITA	25
26	27	28 ASL Class	Cochlear Implant Seminar Senior Citizens	30 ASL Class	31 VITA	

# Southern Utah Classes and Events

Southern Utah Deaf and Hard of Hearing Program 1067 E. Tabernacle, Suite 10, St. George 435-652-2453 (voice) 435-216-9305 (VP) SUDHHP@utah.gov usor.utah.gov/dhh

# **Community Education Classes**

All events are held at the Southern Utah Deaf and Hard of Hearing Program unless otherwise noted. If additional accommodations are needed, please inform us during registration.

# American Sign Language (ASL) I.I – St. George

Tuesdays, February 28 – April 4

5:30 p.m. – 7:00 p.m.

Location: 1067 E. Tabernacle, Suite 10, St. George

This class covers basic vocabulary at a fairly slow pace and is open to ages and up. The class uses the Signing Naturally course work and can be purchased through DawnSign Press. Students can purchase the books or just a subscription to the video links. This class will be taught in basic ASL and written English as necessary.

\$ Free

□ □ To register, contact Tiffany Harding at 435-652-2453 or tharding@utah.gov

# ASL Basic Vocabulary – St. George

Tuesdays, February 28 – April 4

5:30 p.m. – 7:00 p.m.

Location: 1067 E. Tabernacle, Suite 10, St. George

This class covers basic vocabulary at a fairly slow pace and is open to ages and up. It uses handouts, pictures, and interaction to teach basic vocabulary used to prepare students for the ASL 1.1 class. This class will be taught in basic ASL and written English as necessary.

\$ Free

□ □ To register, contact Tiffany Harding at 435-652-2453 or tharding@utah.gov



# American Sign Language (ASL) 1.2 - St. George

Wednesdays, March I - April 5

3:00 p.m. – 4:30 p.m.

Location: 1067 E. Tabernacle, Suite 10, St. George

This class demonstrates basic ASL grammatical rules such as facial expressions, body language, body shifting, listing, different categories of classifiers, and gesturing. This course is open to ages 12 and up. This class will be taught in basic ASL and written English as necessary.

**\$** Free

□ To register, contact Tiffany Harding at 435-652-2453 or tharding@utah.gov

# The Many Faces of ASL Grammar - St. George

Wednesdays, March I - March 8

5:30 p.m. - 7:00 p.m.

Location: 1067 E. Tabernacle, Suite 10, St. George

This class demonstrates basic ASL grammatical rules such as facial expressions, body language, body shifting, listing, different categories of classifiers, and gesturing. This course is open to advanced language students ages 12 and up. This class will be taught in basic ASL and written English as necessary.



\$ Free

□ To register, contact Tiffany Harding at 435-652-2453 or tharding@utah.gov

# American Sign Language (ASL) I.I - Cedar City

Tuesdays, February 28 - April 4

5:30 p.m. – 7:00 p.m.

Location: Cedar City Library, 303 N. 100 E., Cedar City

This class covers basic vocabulary at a fairly slow pace and is open to ages and up. The class uses the *Signing Naturally* course work and can be purchased through DawnSign Press. Students can purchase the books or just a subscription to the video links. This class will be taught in basic ASL and written English as necessary.

\$ Free

□ □ To register, contact Tiffany Harding at 435-652-2453 or tharding@utah.gov

# ASL Basic Vocabulary - Cedar City

Wednesdays, March I – April 5

5:30 p.m. – 7:00 p.m.

Location: Cedar City Library, 303 N. 100 E., Cedar City

This class covers basic vocabulary at a fairly slow pace and is open to ages and up. It uses handouts, pictures, and interaction to teach basic vocabulary used to prepare students for the ASL 1.1 class. This class will be taught in basic ASL and written English as necessary.

**\$** Free

□ □ To register, contact Tiffany Harding at 435-652-2453 or tharding@utah.gov

# American Sign Language (ASL) 1.2 - Cedar City

Thursdays, March 2-April 6

5:30 p.m. – 7:00 p.m.

Location: Cedar City Library, 303 N. 100 E., Cedar City

This class demonstrates basic ASL grammatical rules such as facial expressions, body language, body shifting, listing, different categories of classifiers, and gesturing. This course is open to ages 12 and up. This class will be taught in basic ASL and written English as necessary.

**\$** Free

□ □ To register, contact Tiffany Harding at 435-652-2453 or tharding@utah.gov



# **Community Events**

All events are held at the Southern Utah Deaf and Hard of Hearing Program unless otherwise noted. If additional accommodations are needed, please inform us during registration.

#### ARTS AND CRAFTS

# Sewing Class

Wednesdays, March 1, 15, 29 10:00 a.m. – 1:00 p.m.

Our sewing classes will be taught by our experienced instructor, Bonnie Christensen. This class is free to the ASL community and for anyone who has a desire to learn how to sew and communicate through ASL.

**\$** Free

This class will be taught in ASL

□ □ To register, contact Bethany Moreland at bmoreland@utah.gov or 435-216-9305

# **ASL Craft Social**

Saturday, March 11, 2017 10:00 a.m. – 1:00 p.m.

Southern Utah Deaf and Hard of Hearing Program needs help with assembling our community scrapbook. Bring your family and friends in the ASL community to help with this project. This class will be in signed English.

**\$** Free

□ □ To register call 435-216-9305

#### **WORKSHOPS**

# **Employment Discrimination Workshop**

Wednesday, March 1, 2017 9:00 a.m.

Join us for a presentation on employment discrimination, fair housing, and payment of wage laws. Topics include payment notification rules, minimum wage rules, appropriate break time, disparate treatment, harassment, reasonable accommodation, service versus assistance animals, and more. This event is open to the public and is presented by the Utah Labor Commission's Antidiscrimination and labor division. This will be presented in spoken English with an ASL interpreter.

**S** Free

□ □ To register, email michaelbarrett@utah.gov (those who do not register are still welcome to attend)

## **VITA Tax ASL Services**



Wednesday, March 8 Monday, March 13 2:00 p.m. – 5:00 p.m.

Take the opportunity to have a tax expert help you correctly fill out your forms this tax season. The Volunteer Income Tax Assistance (VITA) program offers free tax help to people who generally make \$54,000 or less, people with disabilities and limited English speaking taxpayers who need assistance preparing their own tax returns. These services will be presented in ASL.

**\$** Free

□ □ Registration is required. Contact Bethany Moreland at bmoreland@utah.gov or 435-216-9305

# **IDA Financial Management Training Course**

Friday, March 17 (4:30 – 8:30 p.m.)

Saturday, March 18, 2017 (8:30 a.m. – 12:30 p.m.)

Location: Five County AOG – St. George, 1070 West 1600 South, Bldg. B

This course consists of six classes that last two hours each. Participants will learn how the Utah Individual Development Account (UIDAN) program works. For every \$1 saved in an IDA, savers receive a \$3 match up to \$4,500 in matched savings, for a total of \$4000 to invest for an asset-building purpose, post-secondary education or job training, home purchase, capitalize a small business, or work-related assistive technology. Participants are required to complete the full course prior to submitting an IDA application. This course will be presented in ASL.

\$ Free

□□ To register, contact Diego Acosta at dacosta@utah.gov or 435-767-0113. Please be aware that seating is limited and classes will be filled on a first come, first serve basis.

#### **FAMILY ACTIVITIES**

# Family Bowling Night

Friday, March 3, 2017 6:00 p.m. – 8:00 p.m.

Location: Fiesta Fun Family Fun Center, 171 E. 1160 S., St. George

Join us for a night bowling and fun with your family at the Fiesta Fun Family Fun Center. You will pay the \$3 fee at the event. For more information, contact Diego Acosta at dacosta@utah.gov.

\$ \$3 for bowling game with rental shoes included



#### **SENIORS 45+**

# Table Games & Potluck



March 14, 2017 (Held every month on the 2nd Wednesday) 11:00 a.m. – 2:00 p.m.

Adults ages 45 and up are invited to play table games such as Uno, Bunco, and Yahtzee, and to take part in a potluck. This event is held every month on the second Wednesday. No children please. If you want to host a future seniors 45+ event, contact Bonnie Christensen at 435-767-0130.

**\$** Free

□ □ None required

# **Hard of Hearing Program**

All events are held at the Southern Utah Deaf and Hard of Hearing Program unless otherwise noted. If additional accommodations are needed, please inform us during registration.

#### **PRESENTATIONS**

#### Living With Hearing Loss

Tuesdays, March 7, 14, 21, 28 10:30 a.m.

Location: The Retreat at Sunbrook, 359 N. Dixie Dr., St. George

Tired of everyone noticing your hearing loss? Want to know what to do about it? We will be providing a free hearing test at the Retreat at Sunbrook at this presentation. Spouses are welcomed to attend.

**\$** Free

□ □ Contact Bethany Moreland at 435-652-2453 or at bmoreland@utah.gov. Residents can contact The Retreat director if interested.

# Southern Utah



# **March 2017 Calendar**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Sewing Class Discrimination Workshop ASL Class	ASL Class	Family Bowling Night	4
5	6	Living with Hearing Loss ASL Class	VITA Tax Services ASL Class	9 ASL Class	10	11 ASL Craft Social
12	13	14 Living with Hearing Loss Table Games & Potluck (Seniors 45+) ASL Class	Sewing Class ASL Class	16 ASL Class	17 UIDAN Program	18 UIDAN Program
19	20	21 Living with Hearing Loss ASL Class	ASL Class	23 ASL Class	24	25
26	27	28 Living with Hearing Loss ASL Class	Sewing Class ASL Class	30 ASL Class	31	